

# YOUTH LEAGUE

Registration opens for **Beach Beginners Skills/Play** and **Juniors League** on November 29th, with play starting January 2nd

Dear Awesome Parent,

Thank you for your interest in youth beach volley. Youth focused leagues are on Sunday at noon and will last for about an 1.5 hours depending on age and skill level. The league is 9 weeks long.

## Two Offerings:

**Juniors League:** Have a kid familiar with volleyball? Sign them up for Juniors League where they get game play experience to take with them to their high school and club programs. Juniors League will be game play only.

This is a ladder league, meaning each week your kids will play other teams that are closest to their win percentage. Teams will play in pools of 3-5 teams. Parents can register their kids as a team or as an individual. Individual registrations will be thoughtfully paired. The goal

Games are to 21, switching at 11.

The full set of rules for league play will be included in the online registration form.

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## 2. Beach Beginners Skills/Play

Capt'n Bill's Beach Beginners is instruction/play where your kids will go through drills and training that promote basic volleyball skills, team work, social and motor skills, spatial awareness, but mostly, fun in the sand.

The second part of each week will be dedicated to simulated games. Through our experience, we've learned that even the most advanced coaches have at most 1 hour and 12 minutes before 7-10 y.o's lose attention and start 'sand castling' as we affectionately call it. Any remaining time will be used for play time in the sand.

## Registration is as an individual

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Kids can graduate to league play or move to the instruction/play group as needed.

For being such an awesome parent, while at Capt'n Bills you get to enjoy great food, beer, tv's, heated outdoor seating, fun serving staff, and a wonderful and supportive community.